

Can Am Interventions Recovery Companionship

Can Am Intervention Services offers "Recovery Companionship" to help individuals that need extra support and care in the recovery process either pre or post treatment. Studies have indicated that the First 90 days of treatment are the most important.

The data is clear that relapse rates are fairly consistent over time after treatment and the majority of people with an addictive disorder have at least one relapse. It is another well-known fact that the majority of relapses happen within the first three months after treatment and up to sixty percent of those suffering substance abuse disorders that have been in treatment relapse. With relapse rates as high as 75% after treatment it has also been shown that with outpatient support such as sober companionship and family coaching services in combination with other recovery processes such as 12-step meeting attendance there is an eighty to ninety percent abstinence success rate in the first year for addicts and alcoholics.

Drawing on my own personal and professional experience of over 21 years in the addiction treatment and recovery field I am confident that I can give you the best services possible for you or your loved one. Also, developing an aftercare treatment plan for the patient and family is key to becoming successful in the recovery process. It is more important that the families of addicted persons be involved in the process of healing. That does not mean that the family needs to be involved in all the details of their loved ones recovery process or problems. However, it is important for the family to be part of the solution and become educated about the diseases of addiction and alcoholism.

Families suffer as much as the addicted person suffers in the battle of not knowing what to do. Can Am Intervention Services provides an aftercare treatment plan for the family and patient that includes 24/7 care as well as weekly family coaching services. It becomes a win-win for all involved in the recovery process. We at Can Am Interventions believe in advocating for the family and the patient keeping privacy and confidentiality first and foremost along with best possible outcome for continued recovery.

Our services can also benefit the patient pre-treatment when support, companionship, and even escort to treatment programs and services can be vital to starting the recovery process.

24/7 support with a comprehensive program of personalized services including:

- ❖ Meeting attendance and tracking
- ❖ Appointment attendance and tracking
- ❖ Educating patients on the "cycle of addiction"
- ❖ Setting realistic practical boundaries
- ❖ Crisis management
- ❖ Trained recovery workers
- ❖ Communications with family members
- ❖ Aftercare treatment planning